

# ART FACTORY INTERNATIONAL

## CONTEMPORARY DANCE PROGRAM

Study guide  
Season 2023/2024



Dance Platform



# staff

**Mattia Gandini**

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**Mauro Carboni**

Classical Ballet

**Vincenzo Capezzuto**

Classical Ballet

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**Marco Paganucci**

Pianist

**Giulia Facco**

Pianist

**Renato Scarpelini**

Capoeira

**Gioia Morisco**

Contemporary Dance

**Lara Russo**

Contemporary Dance

**Martina La Ragione**

Contemporary Dance

**SEMINARS** | creative management tools for dancers

**Carlo Massari**

Dramaturgy

**Lucas Monteiro Delfino**

Composition and research skills

**Lisa Gilardino**

Individual management organization

**SEMINARS** | somatic body and movement

**Teri Weikel**

Feldenkrais®

**Maria Martinez**

Bmc®

**Arianna Pisano**

Osteopathy & Dance

**SEMINAR** | dance and disability

**Anna Albertarelli and Roberto Penzo**

CorpoPoetico® dance–disability

**extra classes**

**Fulvia Balestrieri**

Italian classes

staff

# Art Factory International



**Art Factory International** is a **professional intensive training project** created by Leggere Strutture Art Factory, an center dedicated to arts and culture in the city of Bologna.

The program focuses on younger dancers, with age between 18–30, eager to broaden and deepen their own **technical and artistic training in fields such as dance, choreography and composition**.

Art Factory International engages in 8-month training courses from October until May, with admission through audition and with focus on projects dealing with research and covering the contours of artistic and technical training.

The project aims at **creating a personal formation** course where the participant contemplates on constructing, and setting in motion, the artistic and professional self.

The program involves daily **training in classical and contemporary** dance through a teaching plan led by artists and teachers, expert in the field and working towards technique strenghtening, along with pursuing a higher level of awareness in regard to one's physical strength and the creative movement.

Moreover, the platform is a host to monthly **workshops and residencies**, featuring internationally renowned choreographers and artists with focus on widening the attendees' knowledge and enriching the workshop participants' experiences, visions and professional competences.

The Art Factory International platform's trajectory also arranges **seminars and classes**, by sharing several supporting projects organised by Leggere Strutture.

## contemporary dance program 14 Years Dance Platform

The classes will focus on exchange of virtuous practices by drawing from different professionals with the intention of shaping the participant's personality and competences, as well as broadening the artist's new training horizons.

Also this year Art Factory International will open a **performative platform** within its spaces under the nome of Spazio CRUDO, designed to host projects, previews and work-in-progress by international artists in residency at Lettere Struttare, in addition to accomodating 'open door' performances enacted by AFI participants.

CRUDO has been envisioned as a neutral space where sharing and hosting young professional figures is made possible. A space envisaged at connecting artistic and critic domains, as well as presenting first runs and performance premieres. During the training period, international in-**residence artists** will shape their creations with AFI participants, with the pieces premiering at CRUDO space.

The platform's goal is to form **professional figures** on tecni-cal-creative level, specialists capable of setting their own career path, proficient in creating a personal artistic identity able to accrue additionsl skills, as well as to grow and work in different performative settings.

troupe

# TRAINING

The program is composed of a Training Plan, a weekly platform with daily classical ballet classes, contemporary dance, improvisation, floorwork, capoeira, body conditioning and dedicated seminars such as Feldenkreis® and Dramaturgy for dancers.

## CONTEMPORARY DANCE

### TRAINING

#### GIOIA MORISCO

Contemporary Dance | Composition

#### LARA RUSSO

Contemporary Dance | Contact Improvisation

#### LUCAS MONTEIRO DELFINO

Contemporary Dance | Improvisation

#### MARTINA LA RAGIONE

Contemporary Dance | Floorwork

#### RENATO SCARPELINI

Capoeira

## CLASSICAL BALLET

### TRAINING

#### MATTIA GANDINI

Classical Ballett

#### MARCO PAGANUCCI

Pianist

#### MAURO CARBONI

Classical Ballett

#### GIULIA FACCO

Pianist

#### VINCENZO CAPEZZUTO

Classical Ballett

Furthermore, the program is enriched with additional classes to choose from, and with concordance to one's own training aspirations and career ambitions, such as Dance & Disability with L'Atelier Corpopoetico®, BMC®, as well as with Osteopathy and Dance class.

## SEMINARS

## TRAINING

### > creative management tools for dancers

**CARLO MASSARI**

Dramaturgy

**LISA GILARDINO**

Individual management organization

**LUCAS MONTEIRO DELFINO**

Composition and research skills

### > somatic body and movement

**TERI WEIKEL**

Feldenkrais®

**MARIA MARTINEZ**

Bmc®

**ARIANNA PISANO**

Osteopathy and Dance and body conditioning

### > dance and disability

**ANNA ALBERTARELLI AND ROBERTO PENZO**

Atelier CorpoPoetico®

### > italian classes

**FULVIA BALESTRIERI**

extra curricular classes

master  
program

# WORKSHOPS

The Platform is a host to monthly Workshops featuring Internationally renowned choreographers and artists with focus on widening the attendees' knowledge and enriching the workshop participants' experiences, visions and professional competences.

## KIDD PIVOT

IMPROVISATION TOOLS AND

**CRYSTAL PITE** REPERTORY with Jiří Pokorný

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## FORSYTHE

IMPROVISATION TECHNIQUE

**REPERTORY**

with Thierry Guiderdoni

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## FORSYTHE

**SIDER REPERTORY**

with Brigel Gjoka

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## MARCO GOECKE

**REPERTORY**

with Giovanni Di Palma

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**GAGA/DANCER**  
**WORKSHOP**

with Elena Bolelli

**JOS BAKER****WORKSHOP**

from Peeping Tom

**RESIDENCIES**

Art Factory International will perform a platform within its spaces under the name of Spazio CRUDO. During the training period, international artists will shape their creations and residencies with AFI participants, with the pieces premiering at CRUDO space.

**ULTIMA VEZ** **REPERTORY**

with Eduardo Torroja

**EMANUELE ROSA** **NEW COMPOSITION****PROGRAM**



# TRAINING



# CONTEMPORARY DANCE

# GIOIA MORISCO

Gioia's work is characterized by freshness and dynamism, the lesson open up to 360 degrees in the space. This way the students are invited, immediately, to acquire new references and to develop a deeper conscience and awareness of their own body, through listening to the weight and the perception of space.

Each phase of the lesson involves a purely technical aspect and a workshop as technique and research are designed as two aspects strictly connected to the study and training. Constant focus will be paid to the quality of the movement to assist in the study of the principles of this matter.

The student is solicited to take responsibility and develop a creative attitude, proactive and mature.

The educational program includes the following focus:

- Activate and strengthen the center as a driving force in the movement;
- Optimize the distribution of weight of the body on the ground and when standing;
- Focus on the back, head and tailbone connection, curves and drop;
- Study of spirals;
- Coordination, disarticulation, offaxis, balance and use of the sight in the exercises with bars at the center;
- Study of the dynamics as alternation between release of the weight and suspension;
- Focus on partnering, active and passive manipulation;
- Spatial awareness, development of reflexes;
- Exercises to to be simple, soft, responsive and effective;
- Internal awareness and stage presence;
- Focus on improvisation.

Special attention from the teacher is used in encouraging students to develop their own personal movement style and peculiar characteristics in parallel with the technical skills.



# LARA RUSSO

The work will focus on two main aspects: the pursuit of our own movement and the interaction with others. Discipline of movement will be explored in detail, through guided improvisation exercises to become aware of our possibilities, awake and enhance our personal movement and give clarity to the body.

Hearing and intuition will be the basis from which to draw synergy to interact with others and create groups. Subsequently, the lessons will be more technical and dynamic, with some choreographic sequences that will be reworked and customized working on memory and the ability to readapt a choreographic material.

The last part of the course will be even more complex in order to dig deeper into the experience and work. Awareness and agility will unite to bring out a virtuous and keen body.

Technique of my lectures mainly draws on Release and Limon, reworked and customized. The contact with the floor is crucial to build trust with the supports, with the imbalances, with falls.

The suspension of movement will be studied as a chance to readdress the movement and create new spaces of creation within the body.

The use of space and "traveling" in the choreographic sequences is characteristic, always in the name of an economy of motion and a continuous recycling of the pulses and weight shifts. My personal view of contact improvisation is transmitted as possibility for further research into the movement. It is in the encounter with the other that the possibility of the movement and creation multiplies.

The work that I propose is to make the tensions between electric space bodies, sensitive and explorable, to find and rediscover a common ground to plunge into the energy potential that everyone already owns and share it.

The work will also be about taking possession of the space given to us, according to criteria established by the improvisation and its times, and living the space between the bodies as a gateway to other ways of standing and dancing and as a personal opportunity for opening and transforming.

# LUCAS DELFINO

Lucas Delfino, born in Belo Horizonte – Brazil, graduates with a bachelor's degree in Dance from the State University of Campinas (São Paulo) in 2012, with an emphasis on improvisation, choreography, anatomy and somatic education, and Brazilian dances. Still in São Paulo, while dedicating to study also oriental practices, such as Qi Gong and Kung Fu, she works in Ricardo Gali's Perversos Polimorfos Company and with the choreographer Morena Nascimento, performing in several Brazilian and international theaters and festivals. In 2015, after an artistic residency in Portugal, moved to Bologna – Italy, where attended the Art Factory International program and worked as a performer and choreography assistant with Italian companies and choreographers such as Lara Russo, Mattia Gandini, Monica Casadei, Manfredi Perego, Luna Cenere and Balletto di Sardegna. He is currently pursuing a degree in Disciplines of Visual Arts Music and Performing Arts at the University of Bologna while continuing to work as a free lance performer and teacher.

12 Years Dance Platform



# MARTINA LA RAGIONE

The class will focus on dynamic of the spiral and the knowledge of the anatomical basis following the model of the skeletal structure, learning to know it in all its limitations and possibilities and to use it for the benefit of the movement on the floor through space.

Consciously directing the energy from the center to the extremities and joints, it will be possible to release and to take back the weight of the body in a continuous "drop-balance game" using the levers, the pressure of the points of support and acceleration. There will be a focus on going through the space without ever forgetting that it is not only composed of one "air" space, but also by a "solid" space, the ground, the floor, the earth. Taking advantage of the gravitational principle to get on and off the ground, you gain and you lose the vertical position, moving nimbly your body weight through various levels and directions.

Improvisation and choreographic composition:

At first improvisation it will start from an exploration of the pure movement. A meticulous observation of all the possibilities that the body has to move with the diversity in quality and dynamics. Particular attention will be paid to the insulations and understanding how each part of the body can start a movement, and append it to create what can be called domino effect.

Starting from a sequence of movements built on the technical principles already explored, you will begin to improvise, editing, manipulating, interrupting and repeating the starting material by changing the quality and pace.

Partnering: Will be explored together with floorwork as closely linked, gradually also a physical contact not only with the floor but especially with a real partner.

The focus will be to learn how to manage your weight with that of another body moving through simple sequences of holds using the principles of levers and accelerations learnt with floor work. Ultimately it will be possible to get in touch with the most intimate space, the one between our own body and the partners'.

# CAPOEIRA BY RENATO SCARPELLINI

Renato Scarpellini Fernandes Dos Santos, Contra Mestre Primo, is the official head of Cordão de Ouro group in Italy and ASD Cordão de Ouro Italia.

He was born in Ituverava, São Paulo on July 22, 1986. At age three he moved to the family in Guaratinguetá, the birthplace of his father's family.

At the age of five, in 1991, he had his first contact with capoeira at the Accademia Cordão de Ouro in Guaratinguetá, where his uncles, Mestres Ponciano and Zé Antonio gave lessons. Under the responsibility of Mestre Ponciano and the approval of Mestre Suassuna, in 2007 he qualifies for the Capoeira, obtaining his graduation as a Professor.

In the same year he graduated in History at the University of Taubaté (UNITAU), São Paulo, where he began a research work on Brazilian culture, and in particular on the cultural manifestation of Capoeira art.

Contra Mestre Primo has always supported history studies at Capoeira, placing them as the most important points of his life and working intensely as a teacher in both areas to date. In 2010 there is the opportunity to start a new life in Bologna, where he intends to continue his studies and to expand the teaching ground of Capoeira and the Cordão de Ouro group.

In 2011 he received Mestre Ponciano, Contra Mestre's formation and in the following year he started extending his work also in other areas of Emilia Romagna.

Its value in Capoeira, its energy and ability to engage, as well as its great talent in singing and music are recognized internationally. In 2013 she handles Monitor graduation to her two older students who in turn begin working with Capoeira.



# TRAINING

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## CLASSICAL BALLET

# MATTIA GANDINI

He has studied music at the Conservatory Antonio Vivaldi and dance at the International Academy Rosella Hightower in Cannes, France. Later, he joined the Ballet Company of the Teatro alla Scala in Milan, the Verona Arena, the Teatro Carlo Felice in Genoa, and other important national and international theaters.

In 2004 he founded the Leggere Strutture Dance Company in Bologna, where he works as choreographer and artistic director. In 2008 he co-founded the Artistic and Cultural Center Leggere Strutture Art Factory.

In 2009 he was picked out to participate in the project Choreographic Collision, organized by the Arsenale Danza of Venice Biennale, and directed by Ismael Ivo. In March 2014 he collaborated with Brigel Gjoka on the project EKSOD, which debuted at the International Festival Napa in Pakistan, thanks to the contribution of the Goethe Institut.

In June 2014 he participated in a workshop with the choreographer David Zambrano, organized by the Venice Dance Biennale and directed by Virgilio Sieni. In April 2016 he founded the Art Factory International center in Bologna, where it takes place the A.F.I. programme.

In January 2017 he collaborated with Brigel Gjoka on the project Hotel Propaganda, thanks to the contribution of the Goethe Institut.

Currently he continues his choreographic research and show productions.

# MAURO CARBONI

Mauro worked with B. Baer, C. Wetenstein, J. Brown, V. Moisse, C. Zoppola, S. Rizza, M. Ermini, F. Corazzo, G. Tessitore, E. Thery, H. Basile, F. Monteverde, J. Fontano, M. T. Dal Medico, H. Moore. In 2009 he graduated from the National Academy of Rome, in the Teachers in Choreutic disciplines – Dance with honours.

For 10 years, he worked with the Arte Balletto Dance Contemporary Company, directed by Milena Zullo and performed in almost each production created by the choreographer and in various national and international well-known Festivals. In 2011 he worked in the Balletto di Sardegna Company by Paola Leoni and he performed in works directed by Verga, Borni, Tuveri, Zullo, and Summo. In 2003 he founded the Trois Mouvements group with the guitarist Andrea Vettoretti and the piano player Corrado De Bernart, toured in important international Festivals in Mexico, Spain and France. He worked as a teacher for the Arte Balletto Centre in Roma.

In 2012/2013 the Professor Elena Viti awarded the Propaedeutic dance Pedagogy Prize to him. Mauro cultivates his passion for the dance-theatre collaborating with the online magazine gbopera.it directed by Giorgio Bagnoli, by writing some reviews about the most important dance events.

# VINCENZO CAPEZZUTO

After graduated at the San Carlo Opera House Ballet School in Naples, he joins the company of the same theater playing soloistic roles.

In the 1998/99 season he was invited by Derek Deane to join the English National Ballet in the productions "Romeo and Juliet" and "Swan Lake" at the Royal Albert Hall and on tour in Australia, China and New Zealand and from the Teatro alla Scala in Milan for the "Cinderella" production by Rudolf Nureyev.

In 2000 he's invited to join the Teatro San Carlo Opera House as stable soloist dancer performing several productions.

In 2001 Julio Bocca invited him to his company The Ballet Argentino as principal dancer performing ballets.

In 2004 he returned to the San Carlo invited by Elisabetta Terabust dancing as principal dancer in such ballets like: "Giselle" D. Deane, and "Ma Pavlova" R. Petit.

In 2005 Mauro Bigonzetti invited him as a soloist dancer to the Aterballetto ballet company, company with which he will collaborate for 7 years interpreting ballets and creations by M. Bigonzetti, W. Forsythe, J. Kylian, E. Scigliano, O. Naharin.

Vincenzo during the Aterballetto's years was invited, as a guest dancer, by the MMCompany directed by Michele Merola. During his career he Received many international awards like "Leonide Massi-ne-Positano" the "Roscigno Danza" as best dancer of the year 2005, "Giuliana Penzi" prize for his career, "TOYP" award for the spreading of art in the world.

# MARCO PAGANUCCI

PIANIST

Marco Paganucci was born in Bogotá Colombia and grew up in Tuscany, Italy.

He began studying classic piano when he was 7 years old.

When he was 19 moved to Bologna where he graduated at Alma Mater University in Musicology and at MusicSpace Italy in Musictherapy.

During college years he frequented several places where it listened a lot of music: electronic, hip hop, funk, jazz music. He has released three albums with Metissound (Reggae), Insolito Groove (Funk) and Les Parapluies (Chanson Française). He also collaborated in the theatrical scope with Mario Perrotta in Festival dei Diari for two editions. He's employed like musictherapist in two centers for people with disability and in a juvenile detention center.

He started to play in ballet class in 2012, during these years he played with Mattia Gandini, Brigel Gjoka, Anetta Logowska, Mauro Carboni, Stefania Figliossi.

# GIULIA FACCO

PIANIST

After completing her piano studies, Giulia dedicated herself to studying jazz music and earned her MA at Rovigo Conservatory. Later she specialized at Conservatoire Royale in Bruxelles with Eric Legnini.

In the recent years Giulia Facco has been performing in a lead role, or in accompanying capacity, in different festivals across Italy: Padova Jazz Festival, Roccella Jonica Jazz Festival, Lucca Jazz Donna, Vicenza Jazz, Veneto Jazz, Bergamo Jazz Festival, Musikè Giovani, Jazz In It (Vignola), Donne Jazz In Blues Mantova Jazz Festival, Salotto del Jazz (Bologna), Festival della Montagnola (Bologna).

She took part in the the 58th edition of 'Lo Zecchino d'Oro' in 2015, a national children's choir festival. She collaborated with several professional jazz musicians, among which Marco Tamburini, David Boato, Stefano Senni, Francesca Bertazzo Hart and Massimo Chiarella.

Giulia Facco 5tet published 'The Prophecy' for Emme Records Label, 2016.



# TRAINING

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## SEMINARS

creative management tools for dancers

somatic body and movement

CorpoPoetico® dance–disability

Italian classes

## DRAMATURGY BY CARLO MASSARI

Carlo's first experience in the performative world dates back to 2000 with the company 'O.T.E.', directed by Pietro Luigi Floridia. He partook in several shows, like "Il balcone di Giulietta" which won the special mention at the 'Premio Scenario 2003'.

He then worked in several productions of the 'Compagnia Teatro dell'Argine' and later with the company 'Teatro delle Moline', directed by M° Luigi Gozzi, in the show "L'attentato".

In 2004 he was the colead in Barbara Nativi's last show *Binario Morto*, co-produced by 'Teatro Nove', and 'Teatro della Limonaia'.

In the following years, Carlo collaborated with several companies in a number of productions, among which 'Centro Nazionale Teatrale', 'Bauci Teatro', 'Ramm' and 'Teatro Comunale Bologna'.

Meanwhile, he continued his training, firstly briefly in London with the company 'Theatre de Ange Fou', and later in Parma with a high-training course organised by 'Teatro Due'.

In 2009 he made his debut on the musical theatre stage, first with 'Compagnia della Rancia' in the musical *Grease*, and then in *Beggar's Opera* directed by Lucio Dalla and *Jesus Christ Superstar* by 'Norman Music'. As of 2010 he has been collaborating with different physical theatre companies, among which 'Balletto Civile', 'Abbondanza/Bertoni', 'Babafish/Petri Dish'. During all these years, besides his active contribution as a performer, he has also choreographed and directed several shows: *Kafè*, *Niente più niente al mondo*, *Anna Cappelli* and others.

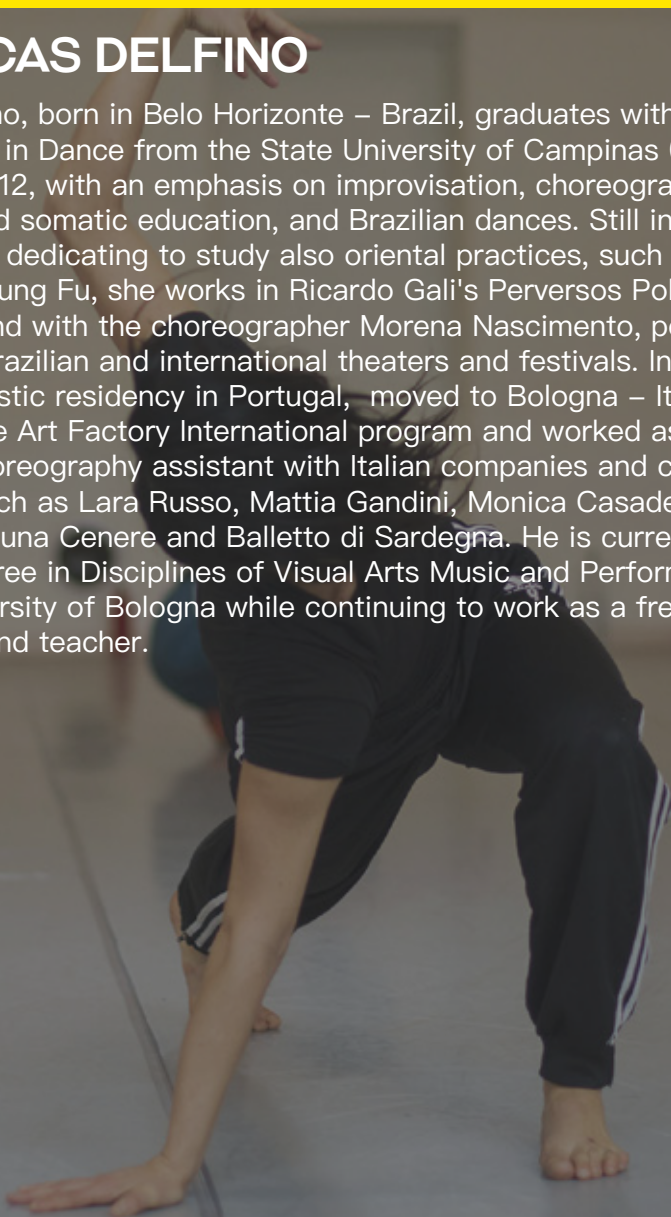
In 2015 he was cast for *Corpi Eretici*, a contemporary opera composed by Mauro Montalbetti and directed by Marco Baliani.

Recently the work with the choreographer Irene Russolillo for her new creation *Wave*; he will also be in the 2018 production of *Valhalla* by 'Pedtri Dish' Company.

# Composition and research skills

**BY LUCAS DELFINO**

Lucas Delfino, born in Belo Horizonte – Brazil, graduates with a bachelor's degree in Dance from the State University of Campinas (São Paulo) in 2012, with an emphasis on improvisation, choreography, anatomy and somatic education, and Brazilian dances. Still in São Paulo, while dedicating to study also oriental practices, such as Qi Gong and Kung Fu, she works in Ricardo Gali's Perversos Polimorfos Company and with the choreographer Morena Nascimento, performing in several Brazilian and international theaters and festivals. In 2015, after an artistic residency in Portugal, moved to Bologna – Italy, where attended the Art Factory International program and worked as a performer and choreography assistant with Italian companies and choreographers such as Lara Russo, Mattia Gandini, Monica Casadei, Manfredi Perego, Luna Cenere and Balletto di Sardegna. He is currently pursuing a degree in Disciplines of Visual Arts Music and Performing Arts at the University of Bologna while continuing to work as a free lance performer and teacher.



# Individual management organization

## BY LISA GILARDINO

Lisa Gilardino is a performing arts curator and manager.

After studying contemporary arts history in Italy and France, she has been responsible for the international relations and the promotion of Lenz Rifrazioni theatre group and has worked as head of production and artistic advisor at Natura Dei Teatri Arts Festival from 2001 to 2011 in Parma, Italy.

In 2011, after taking part in training workshop Festival lab for festival curators and producers, she has been invited to Festival Baltic Circle (Helsinki, Finland) as a curator in residence to develop Dreamcatchers, her research project mixing anthropology, visual arts and dreams.

Since 2011 she has been working as a freelance manager with artists focusing on promotion, development and counselling.

She currently works with Alessandro Sciarroni and Motus. Since 2013 she has been organising workshops and mentoring sessions in Italy and abroad to for artists and managers focused on artists' development.

In September 2016 she joined artistic director Eva Neklyaeva as a co-artistic director of Santarcangelo Festival for the 2017/19 editions.

## FELDENKRAIS® BY TERI WEIKEL

The Feldenkrais® Method and Floor Work workshop held by Teri Weikel aims to achieve a deeper knowledge of body's work, as well as the improvement of skills concerning the expression and energy of movement. The workshop focuses on three interconnected elements: the Method Feldenkrais®, the Floor Work technique and its standing variant, providing to dance language poetry a deeper understanding. The FM® is indeed a particular learning process based on the deep integration between movement, sensation and thought, through enjoyable and unusual

movement aiming to obtain an organized body.

Exploring the transitions among different poses, is possible to achieve a major "awareness through the movement". Breath, self perception, flexibility and space orientation are all leading elements to improvement.

A Floor Work technique experience is proposed with the intent of getting in touch with the structure of one's own body, investigating its limits and possibilities, paying attention to the spiral's dynamics and to the anatomic basis of the skeletal structure, in order to better explore the three-dimensional functionality of human bodies, as well as the advantages of movement in its relationship with the floor and space. The third part of the lesson concerns a part of choreographic sequences.

**Teri Weikel** choreographer, dancer and Feldenkrais teacher, she began her career working as a choreographer and dancer at the Donald Byrd and the Group Company, Gus Solomons Dance Co, Karol Armitage, the Cal-Arts Dance Ensemble, Dance/L.A., San Diego Dance Theatre. From 1986 to 2006, she was the artistic director of TIR Danza in Modena. She has curated the choreography for several performances and participated to the most important Festivals.

# OSTEOPATHY AND DANCE

## BY ARIANNA PISANO

Arianna trained as a dancer since the age of 10. She lived in the UK from 2010 to 2019 where she was employed by several ballet and neo-classical companies. She also performed at the Rose Theatre Bankside in London, with a physical theatre company and was hired as lead dancer in a Fashion Film.

Along side of her dance career, she gained a qualification as Pilates Instructor.

In 2018 Arianna qualified as an osteopath at the British College of Osteopathic Medicine. Since graduating Arianna worked for two clinics in the Greater London area, where she treated patients of all age and kind.

Since January 2019 Arianna joined the Centre of Advance Training (CAT) team at the London Contemporary Dance School (the PLACE). In this program she collaborates with other osteopaths and physiotherapists devising screening protocols, whilst assisting and treating elite level adolescent dancers.

Since July 2019 Arianna moved to Bologna (It) where she is continuing working as an Osteopath and Pilates instructor.

She is still collaborating with the London Contemporary Dance School in London once a month.

## BMC® BY MARIA MARTINEZ

The workshop aims to help you find your personal support structure experiencing the embodiment of your bones and your joints in order to discover their features that determine your movements. How does the mind reacts when it gets to the deeper experience of the skeletal system?

What is the effect that the reorganization of our bones, thoughts, and skeletal system has on our body?

The Body–Mind Centering (BMC®) is an experiential path, a travel through the living and changing territory of the body; it's the mind that explores through thoughts, feelings, energy, soul and spirit; it's a travel that leads to understanding of how mind expresses itself through the moving body. The mind is like wind and our body like sand: if you want to know how the wind blows, have to observe the sand.

“Our body moves like our mind moves. The qualities of any movement are a manifestation of how mind is expressing through the body at that moment. Changes in movement qualities indicate that the mind has shifted in the body. Conversely, when we direct the mind, or the attention, to different areas of the body and initiate movement from those areas, we change the quality of our movement. So we find that movement can be a way to observe the expressions of the mind through the body, and it can also be a way to affect changes in the body–mind relationship.”

Bonnie Bainbridge Cohen (founder and creator of the BMC®)

**Maria Martinez** is a certified Somatic Movement Educator and Practitioner BMC® at the School for Body–Mind Centering, graduated in dance and creative composition at the SNDO, School for New Dance Development, in Amsterdam. She earned a Yoga teacher certificate at the Sadhana School (Spain). Maria graduated in Philosophy (Esthetic) at the Basque University.

# CORPOPOETICO® DANCE AND DISABILITY

## BY ANNA ALBERTARELLI AND ROBERTO PENZO

The courses aim to set up the instrumental bases to improve the artistic and professional attitudes of the participants.

In this way they will develop a new “modus operandi” that will put body, disability and performance in connection. We will impart a rigorous and refined vision of the performance through the respect of differences, defining each time the concept of aesthetics, strength, presence and poetic body.

We will analyse physical and psychological limits and redefine the creative sense that derives from them. We'll create limit areas on which we'll operate artistically.

### PEDAGOGICAL INSTRUMENTS

There will be group dynamics for integration that will be developed through body, organic movement, contact improvisation, contemporary dance, physical theatre.

There will be a final performance at the end of the course.



# ITALIAN LANGUAGE COURSE

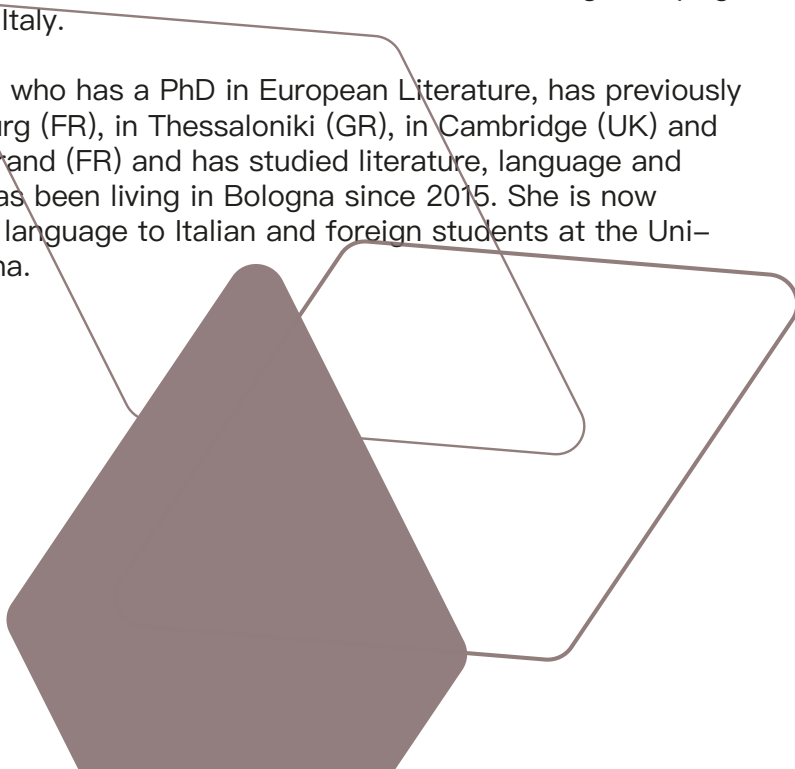
## BY FULVIA BALESTRIERI

### Basic Italian Course for foreign students

The Basic Italian Course is open to all Italian language beginner users. Students don't need to have had any previous contact with Italian language. The course will focus on students' oral language skills, by concentrating on speaking and listening and stimulating their participation in the class.

Students will acquire basic knowledge of Italian language and will learn how to communicate in Italian, through topics concerning their everyday life (family, sport, the body, leisure time, shopping, at the restaurant or eating out) and Italian culture (food, music, cities, art). At the end of the course, they will be able to use the acquired basic abilities and tools to communicate in Italian, useful for living, studying and travelling in Italy.

Fulvia Balestrieri who has a PhD in European Literature, has previously lived in Strasbourg (FR), in Thessaloniki (GR), in Cambridge (UK) and in Clermont-Ferrand (FR) and has studied literature, language and didactics. She has been living in Bologna since 2015. She is now teaching French language to Italian and foreign students at the University of Bologna.



# WORKSHOPS



SEASON 2023/2024

# KIDD PIVOT

IMPROVISATION TOOLS AND

## CRYSTAL PITE

REPERTORY

### WITH JIRI POKORNY

Jiri Pokorny is a Czech choreographer based in The Hague, Netherlands. He graduated from the Prague National Dance Conservatory in 2000 and went on dancing with Laterna Magika in Prague. Three years later he joined Nederlands Dans Theater 2 in The Hague and continued his carrier with NDT1. After seven years in NDT, Jiri joined Vancouver based company KiddPivot under the leadership of Canadian choreographer Crystal Pite. Jiri has worked with many renowned choreographers such as Jiri Kylian, Mats Ek, Ohad Naharin, Paul Lightfoot, Sol Leon and Crystal Pite among others. Jiri has performed in prestigious theatres world wide, including Paris Opera, Sadler's Wells London, Teatro Real Madrid, Teatro Liceu Barcelona, Joyce Theatre New York and many more.

In 2013, Jiri transitioned on to making his own works as a freelance choreographer and since then he has collaborated with companies and production houses across Europe and North America. To name few, he created pieces for NDT, Aterballetto in Italy, Basel Ballet, National Theater Mannheim, Budapest Dance Theatre, Chamber Ballet Prague, North West Dance Project in Portland ( US ) and Korzo productions in the Hague.

Jiri's engagement with dance education has also its importance due to a numerous collaborations with dance schools such as Royal Conservatory in The Hague, Juilliard School in New York, Arts Umbrella Vancouver, NDT's Summer Intensive and Architanz Tokyo.

Jiri directs his own educational program for young choreographers The Pioneer Project in Korzo Theatre, The Hague.

# FORSYTHE

IMPROVISATION **TECHNIQUE** **REPERTORY**

WITH THIERRY GUIDERDONI

Thierry Guiderdoni was born in Nice, France.

He undertook his dance education at the Academie de Danse Princesse Grace in Monte Carlo under the direction of Marika Besobrasova. In 1982 he was awarded the Professional Prize at the Prix de Lausanne; he joined The Stuttgart Ballet the same year.

From 1991 to 2004 he was a member of Frankfurt Ballet. In 2005 he was appointed Ballet Master and Artistic Assistant to William Forsythe, and also his Agenda Manager at The Forsythe Company.

Thierry Guiderdoni is currently freelance stager and rehearsal director for The Forsythe Productions.





# FORSYTHE

SIDER

REPERTORY

WITH BRIGEL GJOKA

Brigel Gjoka, choreographer teacher and professional stage dancer.

His artistic work engagements have taken him around the world to more than 31 countries.

Brigel was born in Albania and trained in Tirana Ballet School 1997–2004. He was a member of Cannes Jeune Ballet during his studies 2004–06 at the Ecole Supérieure de Danse de Cannes–Mougins.

In 2006 he was engaged by the Ballet De L'opera National Du Rhin, where he had the opportunity to perform different roles and work with choreographers from the international dance scene. Wanting to expend his vision, he joined Staatstheater Mainz in 2009 for one season, then joined the Nederlands Dans Theater in 2010.

In January 2011 he became member of the The Forsythe Company, where he participated in new creations by William Forsythe and also performed a wide range of Forsythe's repertory until the closure of the company in 2015. As a unique experience also in 2015, he was part of "Life in Progress," the farewell world tour of Sylvie Guillem, traveling and performing Forsythe's DUO2015 around the world.

Together with Riley Watts, he was awarded the "Leonide Massine" Prize in the Positano premia la danza, Italy, as Dancer of The Year on The Contemporary Dance Scene in September 2015.

# MARCO GOECKE

## REPERTORY

### WITH GIOVANNI DI PALMA

The workshop has been envisaged as a working process, not only as a study of a choreography already performed by many international companies, but as an occasion to provide the participants the opportunity to acquire a new language and put it into practice.

Marco Goecke is one of the most important and interesting contemporary dance choreographers of our time..

After finishing his dance studies at the National Academy of dance in Rome, Giovanni Di Palma started to work at the Théâtre de l'Opéra de Nice, a few years later accepted a position at the Dresden Semperoper before joining the Leipziger Ballett of Uwe Scholz in 2000. After only six months Scholz promoted him principal dancer and created major ballets on him such as the famous solo of the piano version of Stravinsky's "The rite of the spring".

In 2001 the "Ballettanz International" magazine gave him recognition as "new talent of the contemporary dance" and received the prestigious "Leonide Massine" award for the art of dance in Positano (Italy) In 2006 the aforementioned ballet magazine awarded him as "most outstanding interpreter" after performing G. Tetley's Pierrot Lunaire. In 2008 he received the award of the 5th edition of "Les étoiles du Ballet2000" (France) In 2009 the "Anita Bucchi" award (Italy) for the production of Giorgio Madia's "Swan Lake". Invited as guest star he performed on stages all over the world (Tokyo, Miami, Rome, Marseille, Lodz, Mexico City, Riga and many others).

Since 2005 he has started to work as an international guest teacher among others in Japanese capital's most renowned dance studio "Architanz. In 2009 he decided to focus on his work as a pedagogue, ballet master and choreographer.

Since then he has been invited as a guest teacher by international companies such as Istanbul State Ballet, Croatian National Ballet, Sao Paulo Companhia de Dança, Scapino Ballet Rotterdam or National Conservatory in The Hague.

Since 2009 another key aspect of his work has become to restage choreographic works of Uwe Scholz and Marco Goecke with international companies such as Paris, Vienna, Rotterdam, Den Haag, Poznan, Brno, Istanbul, Sao Paulo, Tokyo and Toronto.

# GAGA / DANCER

## WORKSHOP

### WITH ELENA BOLELLI

Elena Bolelli is an artist in the field of performing arts and a Certified Gaga Teacher, the movement language developed by Ohad Naharin. She trained professionally in the UK with a BPA and a MA from Northern School of contemporary dance and in Israel (Jerusalem Academy of Music and Dance).

In 2017/2018 She joined the postgraduate company Verve under the direction of Matthew Robinson. During her time in Verve she performed and toured nationally and internationally pieces by Sita Ostthamer, Lenka Vagnerova, Hannes Langolf and Matthew Robinson. In 2019 she joined Holstebro dance company; during her time with the company she performed and toured pieces by Jason Mabana, Stephanie Thomasen, Thomas Bentin, Marie BrolinTani and Tim Rushton.

In 2020 Elena started a collaboration with Nunzia Picciallo and their project Overwhelming has been selected and founded by MOVIN'UP SPETTACOLO — PERFORMING ARTS 2020 promoted by MIBAC, Italy. From 2020 to 2022 Elena danced and collaborated for Sweetshop Revolution in UK. In 2021 Elena created the Marconi Arts Festival where she aims to develop and share arts with many people as possible. Elena's recent creations Porcellum and "La Famiglia" are selected for: Florence Dance Festival, Antefestival, Crudo Festival and Mobile Dance Film Festival.

Elena held classes of Gaga/people and Gaga/dancers and workshops. She had the opportunity to teach for different dance companies and institutions like: Scottish School of Contemporary Dance, Centre for Advanced Training (CAT) at Northern School of Contemporary Dance and London contemporary dance school, the University of Wolverhampton, DTA program (Denmark), Jazz arts theater (South Africa), Studio Danza Ensemble (Italy), Contemporary art project (UK), Ballet akademie Stockholm, Theatre Alliance, IL Dance, Scottish Dance theatre, Region-Teater Väst, Teatro Off Ferrara, Ateneo della Danza Forlì Cesena and others.



# JOS BAKER

## WORKSHOP

### from Peeping Tom

Jos worked for Peeping Tom as a dancer, actor and collaborator, principally with the productions 32 Rue Vandenbranden, and A Louer. Since then he worked for DV8 Physical Theatre on the production of John then began directing and performing in the promotional events for Petit Bateau's Cedric Charlier collection. Other stage works include In the process of.. by Zoi Dimitriou and Plastic Junkies by Antonin Comestaz.

On film Jos made several music videos and short films, including: Forgot to live by Ay Wing, and Let it Roll by Mustard Gas and Roses directed by Koen Mortier, J'te Ramene directed by Yves Housmann and Biegga savkala duoddariid duohken lea soames by Elle Sofe Henrikseni, as well as several commercials.

He has created several of his own works, including: Creature Man Don't Tell Me, Feedback, What do you do?, We were youth, Tidal Breath, Let us not ask where it leads, Understanding Sugar and Of no fixed abode.

He also teaches internationally, offering a range of classes and workshops for professional dancers at institutions including SEAD, Ballet Junior de Geneve, PARTS Summer School, TrinityLaban, The Place, Amsterdam Thea- tre school, Northern School of Contemporary Dance, Codarts, Deltebre Dansa, El Danseu Festival, TripSpace Projects, Ravnedans, Jetsummer, Staatstheatre Kassel and many others.

Jos started his dance training at the age of 7 with Oxford Youth Dance and then continued his formal education first at The Laban Center London and then at PARTS [Performing Arts Research and Training Studios] in Brussels. Throughout this training he has studied many techniques and approaches, including: Ballet, Release, Cunningham, Graham, acting, Capoeira, Popping, Salsa, Tango, Contact Improvisation, Flying Low, Passing through, Forsythe improvisation Technologies, Labanetics, Physiology and Physics.

# RESIDENCIES



SEASON 2023/2024

# ULTIMA VEZ

## REPERTORY

WITH EDUARDO TORROJA

The residency will focus on the energetic and physical repertory vocabulary from the three first pieces of Ultima Vez: “What the Body Does Not Remember”, “Les Porteuses de mauvaises nouvelles” and “The weight of a hand”. It is about movement “as a theatrical act”.

Participants will follow the creation process going from the origins of the material, the working transitions until the final performed results. This vocabulary will be also the starting point to a guided development of the participants’ own choreographic work. Creating their compositions through the form, the emotion, the strong theatrical atmosphere and the intention of the proposed material.

We will explore and confront this material through improvisations, floorwork, contact and partner work, group forms and objects’ manipulation. To arrive to This vocabulary will also be the starting point with a wide range of concepts such as: tension, instinct, chaos, sensuality, risk, trust, protection, dependency, power, strategies, neutrality, physical extremes.



# EMANUELE ROSA

## COMPOSITION

Emanuele was born in 1989 in Genova (Italy). He starts his career at a young age, dancing professionally for several international companies, among others: Junior Balletto di Toscana (IT), Imperfect Dancers Company (IT), Landestheater Linz (AT), Staatstheater Darmstadt (DE), Hessisches Staatsballett (DE), Skånes Dansteater (SE), CCN Rillieux-la-Pape/Yuval Pick (FR). In 2017 he started freelancing and worked for the companies Compagnia Abbondanza/Bertoni (IT), Tanztheater Erfurt (DE), R14/ JulienGrosvalet (FR) and C&C Company (IT).

Emanuele works with choreographers, such as: Cristal Pyte, Richard Siegal, Alexander Ekman, Itzik Galili, Marco Goecke, Yuval Pick, Claude Brumachone, Tim Plegge, Marguerite Donlon, Ben Wright, Mei Hong Lin, Robert North, Emanuele Soavi, Cristina Rizzo, Ester Ambrosino and others.

As choreographer Emanuele creates: Ribelle for Agora Coaching Project (Italy) with Carlo Massari, Meat Me and As if, I have missed myself (Bora Bora – Dans og visuelt teater production) with the choreographer Fabio Liberti, Hell Sweet Hell, for the Collective Tabata, finalist at Premio Equilibrio Roma 2018, I Killed Adam in eight counts (2017), winner of the second prize at the Contemporary Choreographic Contest Principi Attivi, guest at SOLOCOREOGRAFICO, dance Showcase and Award 2017 and selected for the Festival Sumar, Cordoba (Argentina), Sin Ofensa (2016) and Eutanasia di Ruoli (2015) both created for Läd Naid Sürpries Darmstadt (Germany).

Emanuele gives professional classes and workshops in Italy and Europe, among others: CCNR/Yuval Pick (FR), Agora Coaching Project (IT), MOVEMENT – Koinè Danza (IT) and the International Festival IFMC Vitebsk (BL) where is also invited as a member of the jury in the XXXII edition of the competition (November 2019).



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